



# Effort

**1 Be proud when you give your best effort**

**2 Effort is not always measured by the outcome**

**3 Be patient**

**4 Never quit**

**5 Failure is the beginning of success**

**6 Work hard**

**7 Practice often**

**8 Be confident**

**9 See the positives over the negatives**

**10 Do not compare your personal skills to others**

