

# **Coaching JUMP JAM Team Details**

By Cindy Smith

These coaching details are guidelines for coaching your students for JUMP JAM Team Competitions. This document contains, newsletter notices, permission slips, tips, timeline ideas and generic details. Please use these as a guideline only.

1. First step... Who is going to be the coach and who will assist them?
2. Read the rules thoroughly and refer back to them more than once.
3. Plan which JUMP JAM song you will use. (check you have the licence for this routine)
4. Book space for auditions.
5. Send a notice home to inform parents of this competition and the auditions.
6. Ask all teachers to announce auditions in class and display the notice.
7. Audition as many students as possible.
8. Plan practice times. (students can lead these if necessary)
9. Eliminate students not required. (eliminate several students at a time and never individually)  
Always have a reserve or two in case of injury.
10. Video each training session if you can.
11. Think about clothing uniformity. (e.g. sports uniform or some kind of uniformity)
12. Review video sessions.
13. Online entry completed and payment made prior to close off date
14. Entry will be confirmed no later than 2 days after entry has been completed online.

We have attached notices for both Parents and other Teachers with regards to the process for the students.

## **Time Allowance for Coaching**

Newsletter notice advising school and parents of auditions 1 – 2 hours.

Set up judging panel, numbering system, students helpers 1 – 2 hours.

For the 8 - 10 weeks prior to the competition, practice 2-3 times per week for 1 – 2 hours per session.

## Newsletter Notice To Be Sent Home Regarding Audition And Competition Details

### **JUMP JAM Competition**

Jump Jam is a fun aerobic based sport in which over 2500 schools throughout the world. Of which 55 international schools have been invited to enter this online competition.

As our school does JUMP JAM regularly, we would like to enter a team in a Jump Jam competition this year. Auditions for the JUMP JAM Competition will take place on xxx at lunchtime in the school hall.

All students are welcome to audition. This year our routine is based on xxx (e.g. FUN so bring your biggest smile and lots of facial expressions) as lots of role playing will be involved.

Please ensure that your child will be committed to this competition and is willing to give their all to represent the school. A mixture of lunchtime and school time practices 2-3 times per week must be attended.

Anyone wishing to discuss or know any further details please do not hesitate to contact the school on xx or coach on xxx.

✂ \_\_\_\_\_ ✂ \_\_\_\_\_ ✂ \_\_\_\_\_ ✂

### **PLEASE BRING THIS SLIP WITH YOU TO YOUR AUDITION**

I give permission for my child ..... to audition for the School JUMP JAM Team. I understand that if my child is successful and the team makes it to the Competition held on the \_\_\_\_\_ my child will be available and able to film for this competition.

#### **For Training Purposes**

My Child has commitments on these days

Monday \_\_\_\_\_

Tuesday \_\_\_\_\_

Wednesday \_\_\_\_\_

Thursday \_\_\_\_\_

Friday \_\_\_\_\_

[Notice For Teachers To Read Out And Display In Their Rooms](#)

TEACHERS PLEASE CAN YOU READ THIS OUT WITH THE DAILY NOTICES  
THEN DISPLAY IN YOUR ROOM



## **JUMP JAM Team Competition**

Open to all year xx students of \_\_\_\_\_ School

Auditioning Days are..... & ..... lunchtime in school hall.

JUMP JAM track for auditioning will be: .....

Some instruction will be available at the audition. If you are keen, get yourself prepared – the standard is very high at our school.  
(Note: if you are offering instruction for audition(s) ensure you have organized a leader instructing – this is a good leadership or Idol practice opportunity)

Minimum of 8, maximum of 15 in a team

Must be available for practices 2-3 times a week at school.

Must be available for filming (if selected) on .....

Any queries please contact the school





## Example Letter To Parents After Auditions

Dear Parents

This is a short note to keep you in the loop with what's happening. I am sure that you will be aware by now that your child has been selected to be in the **School JUMP JAM Challenge Team.**

We auditioned     year     &     students and the competition was extremely tough. However, we have made our final selection for our team of (8 – 15).

The team will train 3 times a week (     day &     day in their lunchtimes and     day). In this time they will learn teamwork, co-ordination, pressures of competition and sharing of ideas. We will perfect our routine time and time again. This is our     JUMP JAM Competition entry and we will be judged by Brett Fairweather the creator of JUMP JAM.

We will also perform in front of the school at an assembly and possibly other public performances. However, I will advise of that date closer to the time.

Over this time, I would appreciate your support and commitment for your child. If you have any queries please do not hesitate to ring me on     . I would be happy to discuss anything you need to know.

Signed

**Have Fun**

**Facial Expressions**

**Character Acting**

**Singing/Vocal Chants**

**Energy**

**Move in Time**

**Confidence**

**Correct Attitude**

**Big Range of Movement**

**Tall Posture**

**Eyes Up**

**Clarity of Moves**