

Coaching JUMP JAM Team Details

By Cindy Smith

These coaching details are guidelines for coaching your students for JUMP JAM Team Competitions. This document contains, newsletter notices, permission slips, tips, timeline ideas and generic details. Please use these as a guideline only.

1. First step... Who is going to be the coach and who will assist them?
2. Read the rules thoroughly and refer back to them more than once.
3. Plan which JUMP JAM song you will use. (check you have the licence for this routine)
4. Book space for auditions.
5. Send a notice home to inform parents of this competition and the auditions.
6. Ask all teachers to announce auditions in class and display the notice.
7. Audition as many students as possible.
8. Plan practice times. (students can lead these if necessary)
9. Eliminate students not required. (eliminate several students at a time and never individually)
Always have a reserve or two in case of injury.
10. Video each training session if you can.
11. Think about clothing uniformity. (e.g. sports uniform or some kind of uniformity)
12. Review video sessions.
13. Online entry completed and payment made prior to close off date
14. Entry will be confirmed no later than 5 days after entry has been completed online.

We have attached notices for both Parents and other Teachers with regards to the process for the students.

Time Allowance for Coaching

Newsletter notice advising school and parents of auditions 1 – 2 hours.

Set up judging panel, numbering system, students helpers 1 – 2 hours.

For the 8 - 10 weeks prior to the competition, practice 2-3 times per week for 1 – 2 hours per session.

Newsletter Notice To Be Sent Home Regarding Audition And Competition Details

Jump Jam is a fun aerobic based sport in which over 18,000 children throughout Western Australia, over 150,000 children in Singapore and over 500,000 children in New Zealand partake in.

As our school does JUMP JAM regularly, we would like to enter a team in a Jump Jam competition this year. Auditions for the JUMP JAM Competition will take place on xxx at lunchtime in the school hall.

All students are welcome to audition. This year our routine is based on xxx (e.g. FUN so bring your biggest smile and lots of facial expressions) as lots of role playing will be involved.

Please ensure that your child will be committed to this competition and is willing to give their all to represent the school. A mixture of lunchtime and school time practices 2-3 times per week must be attended.

Anyone wishing to discuss or know any further details please do not hesitate to contact the school on xx or coach on xxx.

✂ _____ ✂ _____ ✂ _____ ✂

PLEASE BRING THIS SLIP WITH YOU TO YOUR AUDITION

I give permission for my child to audition for the School JUMP JAM Team. I understand that if my child is successful and the team makes it to the Competition held on the _____ my child will be made available to travel to the event.

For Training Purposes

My Child has commitments on these days

Monday _____

Tuesday _____

Wednesday _____

Thursday _____

Friday _____

[Notice For Teachers To Read Out And Display In Their Rooms](#)

TEACHERS PLEASE CAN YOU READ THIS OUT WITH THE DAILY NOTICES
THEN DISPLAY IN YOUR ROOM



JUMP JAM Team Competition

Open to all year xx students of _____ School

Auditioning Days are..... & lunchtime in school hall.

JUMP JAM track for auditioning will be:

Some instruction will be available at the audition. If you are keen, get yourself prepared – the standard is very high at our school.
(Note: if you are offering instruction for audition(s) ensure you have organized a leader instructing – this is a good leadership or Idol practice opportunity)

Minimum of 10, maximum of 15 in a team

Must be available for practices 2-3 times a week at school.

Must be available for Competition (if selected) on

Any queries please contact the school



Example Letter To Parents After Auditions

Dear Parents

This is a short note to keep you in the loop with what's happening. I am sure that you will be aware by now that your child has been selected to be in the **School JUMP JAM Team.**

We auditioned year & students and the competition was extremely tough. However we have made our final selection for our team of (10 – 15).

The team will train 3 times a week (day & day in their lunchtimes and day). In this time they will learn teamwork, co-ordination, pressures of competition and sharing of ideas. We will perfect our routine time and time again. This is our JUMP JAM Competition entry and we will be competing in front of Brett Fairweather the creator of JUMP JAM.

Which if we qualify in this competition, we would be invited to compete at the New Zealand National competition held in early November with other international schools.

We will also perform in front of the school at an assembly and possibly other public performances. However I will advise of that date closer to the time.

Over this time I would appreciate your support and commitment for your child. If you have any queries please do not hesitate to ring me on . I would be happy to discuss anything you need to know.

Signed

Have Fun

Facial Expressions

Character Acting

Singing/Vocal Chants

Energy

Move in Time

Confidence

Correct Attitude

Big Range of Movement

Tall Posture

Eyes Up

Clarity of Moves