



Presents

# JUMP JAM™

## Strictly Western Australia Online Competition 2020 Rules & Guidelines

### For Year 1 – Year 6 Students



#### Important Timeline of JUMP JAM Registrations and Events

Event List	Location / Venue	Event Dates
WA Entries Open	Online Entry	Wednesday 22 <sup>nd</sup> July
WA Entries Close	Online Entry	Wednesday 16 <sup>th</sup> September
Tee Shirts Arrive	Direct to Schools	Monday 2 <sup>nd</sup> November
Video Entry Close	Filmed at your school	11 <sup>th</sup> November

Due to Covid-19, we have altered this competition to an **Online Competition** with all registrations closing on the **16<sup>th</sup> September**. We will send each school their tee shirts and require their team video submission by the **11<sup>th</sup> November**.

#### Open to all JUMP JAM Licensed Schools

JUMP JAM licensed Schools may compete using any one JUMP JAM song/routine that its school has licensed. **Objective:** To allow students from all JUMP JAM licensed schools to participate and experience competition, confidence, team building, fun, fitness and leadership opportunities.

#### 2020 Categories

- **Strictly Freshman Year 1-3;** Students that have never competed previously at any JUMP JAM Live competition. However, any student in 2019 that were year 1 or 2 can compete again in this Strictly Freshman. Teams in this category can consist of students **between Year 1 and Year 3**. No costumes or choreography changes permitted
- **Strictly Freshman Year 4-6;** Students that have never competed previously at any JUMP JAM Live competition. Teams in this category can consist of any students **between Year 4 and Year 6**. This means that **teams can be mixed between these year levels, or they can be made up of one-year level only**, e.g.: Year 6 students only. No costumes or choreography changes permitted
- **Strictly Open Year 4-6;** Students that have competed previously at any JUMP JAM Live competition. However, Freshman students can compete in this category if you need for numbers. Teams in this category can consist of any students **between Year 4 and Year 6**. This means that **teams can be mixed between these year levels, or they can be made up of one-year level only**, e.g.: Year 6 students only. No costumes or choreography changes permitted
- **Challenge Year 1-3, 4-6 & All Boys;** Students that have competed previously at any JUMP JAM Live competition. However, new students can compete in this category if you need for numbers. This category requires Costumes and Formation/Pattern Changes.

The JUMP JAM Championships Entry Form will be available from 22<sup>nd</sup> July until midnight on the 16<sup>th</sup> September 2020 at <https://www.jumpjam.co.nz/aus-comp/>



## General JUMP JAM Competition Rules and Guidelines

### Number of Students/Teams You May Enter

Multiple teams per category in either competition. **Team size – minimum 8 students, maximum 18 students (all boys teams minimum 6 students, maximum 18 students)**. If we do not have enough entries in each category, we have the right to combine two categories or not run this category at the competition.

### Team Entry Fee

- **Entry fee** for Strictly & Challenge Online will be **\$26 per team member and includes an original JUMP JAM T shirt**
- Coach can purchase T-Shirts for \$16 each with team entry forms
- **Payment by Direct Credit** 504097548 BSB # 484799, Brett Fairweather Kidz Aerobix please use your "school name & Comp" as reference **One payment per school**. You can pay for multiply teams or competitions with the one deposit.
- Payment via PayPal (credit card) are accepted with a 4.6% transaction fee.

### Guidelines for Filming

- Good natural lighting is essential. Limit shadows over performer's faces & bodies. (examples shown on video link below)
- Use a clean backdrop e.g. a Curtain. Or remove all visible clutter. Or theme the background if you want.
- Use a tight frame from left to right side of picture. All team members need to be in the frame at all times. Remember we need to see faces so get as close as possible without chopping anyone out. If the odd hand, foot or arm gets cut off that's OK. When videoing, keep tight within a **4.5m x 4.5m** frame for your staging/filming area. A common problem for feedback, is when teams use a bigger stage area and/or the spacing's are wide, it is difficult to see all team members' faces/expressions clearly.
- It is highly advisable to use a Hi Definition video camera/phone/iPad for extra clarity. Filmed in landscape mode
- If entering the Challenge category, Costumes, are not necessary at the coaching video feedback. However, if you have already have them, we will give feedback.
- We have compiled some examples of 5 team video submissions, to show you what we mean by natural lighting, tight formations and quality of camera/high definition video. Click this link [Video Submission Examples](#)

### Google Drive Uploading Instructions for Coaching Video & Final Routine Submission

1. Save your video to your computer and **rename it** to your school name and the category.
2. Open [drive.google.com](https://drive.google.com). Create a **Google Drive** account with a username and password. If you already have a username and password, go to step 3.
3. At the top left of the page, click the **New** button and select **File Upload** from the drop-down menu. This opens a browser window that opens your **My Documents** folder – navigate to the video file and click **Open**.
4. This starts the upload process, which depending upon the size of the file and internet connection speed, can take some time. You'll see a box that shows the progress of your file upload.
5. Once uploaded, right click the file and click **Share**, or double click to open the file and click the 3 vertical dots at the top right-hand corner of the screen, then select **Share**.
6. Click **Get Shareable Link** in the top-right corner of the sharing box. Select the link sharing option **Anyone with the link can view**. To see a full list of options, click **More**.
7. **Copy the URL of the shareable link** and place on your entry form

Please ensure your video is never uploaded to any social media or website due to copyright laws and a condition of entry into this competition.

Issues uploading files please visit [Google Support](#) and [Google Support Answers](#) for more help in getting the shareable link

### Choreography Changes

- Teams are not permitted any choreography or formation changes in the Strictly category. Chose a formation that allows all team members to be seen and stay in this formation. Follow the JUMP JAM video exactly. If in doubt email us [competitions@kidzaerobix.com](mailto:competitions@kidzaerobix.com)
- For the **Challenge** category, teams are judged on their pattern & formation changes up to 25% of the original JUMPJAM choreography. Note, no new moves are allowed in 2020.

### Costumes and Props

- No make-up, props or costumes for any **Strictly** category. Matching hair ties or hair ribbons are permitted only. If you want, you can coordinate the teams' shorts/tights and shoes or bare feet. A **Cyan Blue** JUMP JAM Tee Shirt with a Yellow logo to be worn by all team members when filming your video entry. No other costuming is permitted.
- For the Strictly **Open** category a different coloured Tee Shirt will be supplied. This is also to be worn on stage by all team members when filming your video entry. This has been included as part of the entry fee for students to keep after the event. No other costuming is permitted.
- For **Challenge** teams at the live competition, themed costumes and body props are encouraged and are 10% of the marking criteria.
- Please note: body props only. **NO set props**. Props may include hats, fans, pom poms, face paint, masks, hand held cardboard cut outs etc. However these must remain on your team member at all times or thrown/placed **off** stage. If they remain on stage during a performance up to 0.1 mark will be deducted per item. This is due to safety reasons for the performers on stage.

### Music

- Choose one original JUMP JAM song in its original length from any JUMP JAM Resource Kit, which your school has licensed. Please use the music only version for your filming. **DO NOT use the cueing video for filming and no background cueing is permitted.**

### Staging

- Allow your stage size for filming to be approx. 4m deep x 4m wide stage Go wider if in a team of 18 students.



## Awards & Prizes

- Teams will compete to win a 1<sup>st</sup> - 3<sup>rd</sup> place Trophy per category and Certificates for each student placing 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup>
- There will be a participation certificate for all student's 4<sup>th</sup> place down.
- **Certificates In Presentation** Certificates are awarded to teams who's overall presentation excels
- **Certificates In Technical Execution** Certificates are awarded to teams who display correct technique.
- **Certificates in Set Design.** Certificates are awarded to teams that create an appropriate set design match the theme of their routine. Note: No points will be allocated to set design and therefore will not affect the scoring.
- **Certificates in Filming & Sound.** Certificates are awarded to coaches/teams that film with good lighting, close so we can see the faces clearly and students that stick within the formation.
- **Certificates in Costume** Certificates are awarded to teams whose costumes clearly display a link to the music, design & theme.
- **Certificates in Creative Transitions** Certificates are awarded to teams whose formation changes are creative & connect with the music.

## Frequently Asked Questions

1. **Can our school enter more than one team in the competition or in the same category?** Yes. You are permitted to enter multiple teams per category. If schools want to enter more than 1 team in the same category, they must be all different students in each team.
2. **If some of my students competed last year in Strictly, can they compete in Strictly Freshman this year.**
3. In a Year 1-3 Strictly category, any student in 2019 that were year 1 or 2 can compete again in this Strictly Freshman.
4. In the Year 4-6 Strictly Freshman category, **No**, student that has previously competed can enter for a team of 8-9 students. However, in a team of 10 – 14 students up to 2 previously competed students can compete with this team and must be placed in the back-row wings/sides. In a team of 15 -18 students, up to 3 previously competed students can compete with this team and must be placed in the back-row wings/sides.
5. **For Strictly can the students wear costumes and matching hair ribbons?** No, this category students cannot wear costume or make up. However, they can wear hair ribbons and if you want you can match their shorts or shoes.
6. **Can a student not pay the entry fee if they have last years tee shirt?** No each student will be given a different coloured tee shirt for the filming and new certificates.
7. **If a team member pulls out can I get a refund?** If we are advised before the 16<sup>th</sup> September, YES. There will be **NO** refunds after close off from registration. You will, therefore, still receive the ordered tee shirt for the student(s).
8. **What is your best piece of advice?** *Read and re read the rules.* Get the students to read the rules too. Use a video camera in rehearsals from day one. Aim to use a high definition camera if possible. Through filming, let the students assess themselves (judge, using the marking schedule). Remember to add plenty of vocals, this is the main area most teams miss out on points.
9. **Can we wear sports shoes or bare feet?** Yes to both.
10. **What do we do if a team member is injured or absent for the filming.** As long as you are filming with **the minimum number** required for your category, do nothing. If you are under your minimum number by one person, due to member(s) being unexpectedly sick or unavailable on the day of filming. Please email us with your submission video, depending on the absence numbers, you may start with penalty points
11. **Can a student compete up a year level?** Yes. But not down a year level. E.g. a year 3 can perform in a year 4-6 category. But a year 4 cannot perform in a year 1-3 category

## Basic Competition Scoring for Strictly & Challenge Categories

### Presentation 50% of Score

Convincing & confident performance	10
Attitude with facial expressions & character acting	10
Vocal calls/chants, singing (Yr 1-3 Strictly = 5 points)	10
<b>Total</b>	<b>30</b>

### Head Judge Bonus Points

Spine tingling performance creating that 'Magic'	<b>Up to 3 Points</b>
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Demonstrate a **Confident and Convincing performance** (No mistakes...very well-rehearsed and convincing actors, especially if the routine has a theme). We will be looking for the team (ALL members from back row to the front) that is, "owning the routine". Not just the most confident leader in the centre front. Are they eyeballing the judges and audience or are their eyes down?

**Attitude** is the appropriate emotion in each specific routine. Smiling and having Fun is generally a good start in presentation. Some routines are party songs, others display power-energy, being cool, even scary, how about animated, comic, serious, culturally appropriate, and themed to the music & dance era of the time and anything from the lyrics that adds to it you can interpret. While attitude is obviously important, attitude should be positive. Show a sense of humour within your attitude to enhance your fun score. Using **facial expressions and character acting** will enhance your performance. If you select a song like "I Like To Move It" animal type expressions will add value to your scoring. Utilise the theme of the chosen song with your face as much as you can. For example, if the song is from a movie become that character e.g. act like "Danny" from Grease the movie "Greased Lightning" JUMP JAM 4. A good tip is to initially get them to sing the entire song aloud as a way of practicing facial expressions and the emotions behind them.

**Vocalising** is an effective way of displaying passionate presentation and keeping audience involved. **Tip**, be loud and clear and be heard over the music. Not just mime the words

Singing = Have the whole team sing any part of the song. As a guide sing up to 50% of the song max.

Calls = Are vocal samples relating to the song/theme. It's often one word or sound from the song.

Chants = An original sentence you have created that sends a message to the audience. Most often it is the school name. Examples are "P.I.N.E.H.I.L.L.L Pinehill" chanted by Pinehill School or "We are here to entertain you" or "JUMP JAM Rocks"



**Technical Execution 50% of Score**

Team moves with synchronicity & in time with the music	10
Energy of movement and exercise value	10
Clarity & Sharpness of movement	10
<b>Total</b>	<b>30</b>

**Head Judge Bonus Points**

Difficulty of routine chosen to perform – Performed with excellent technical execution	<b>Up to 3 Points</b>
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Team moves with **Synchronicity** Your team moves as one and in time with the music. Think detail from head to toe. E.g. all head movements should be choreographed. Hands should be all either a blade, fist, star or in character. Feet should all be pointed or flexed. Use video analysis to see whom in the team looks different and why? Check everyone knows their spacing and stays in shape. The judge’s eye should not be drawn away unintentionally.

**Energy of movement and exercise value:** Using current choreography we expect each team member to be powerfully executing the movements within the given range of the original routine. Judges ask “could that move be executed with more energy?” Power is defined as strength x speed. Your team should be physically exhausted when they come off stage (like they have been sprinting for 3-4 minutes). JUMP JAM is a fitness exercise programme so please remember that. Please execute each movement to its full range of motion. e.g. if the song says “get on up then down” aim to reach to full extension upwards and then dynamically squat all the way down. Show a contrast. In simple language, think BIG! Extend from fingers to toes.

**Clarity of movement:** an example is when students finish the move by bringing their feet tightly together and/or placing their hand/fist back on their hip or wherever their start/finish position is e.g. star jumps. Every movement when broken down frame by frame has a start and end position (use video analysis). **Sharpness of movement** is at the end range of motion with each move; hold a sharp pause for a split second to emphasis razor sharpness of movement. Some of the best examples of this ‘sharp’ technique, are seen on YouTube in the World Hip Hop or Cheerleading Championships.

In the event of a tie, the team with the highest **PRESENTATION** score will be the winner. If there is still a tie then an equal placing shall be awarded.

**Additional Competition Scoring for Challenge Categories Only**

**Creativity of Moves- Transitions**

<b>Pattern &amp; Formations</b>	30
<b>Shapes</b> (e.g. circle, v shape)	
<b>Total</b>	<b>30</b>

**Costumes**

Links with theme of routine	5
Attention to detail	5
<b>Total</b>	<b>10</b>

**Creativity of Moves**

**Patterns, Formations & Shapes:** Think shapes-triangles, diagonals, diamonds, lines, circles, stars, snakes, waves, peel offs etc. Think what pattern you can create that paints a picture, *tying the pattern shape or formation into the theme of the song will score very highly*. Think contrast of students moving in/out, fwd/back, open/close (like a flower), cannon/domino effects. Try not to have an excessive amount of shapes. As a guideline change approx. 25% of the original choreography with pattern/formation changes. Remember we are after a variety. Repeating a pattern over and over doesn’t necessarily gain more points.

**Costumes**

**Links with Theme of Routine:** If your team walked onstage, could we guess what JUMP JAM routine it is, or by the end of the routine did it become obvious? If your song doesn’t have an obvious theme, could your costume lend itself to one?

**Attention to Detail:** 5 points given here to teams that put lots of clever thought into the finer detail in the costume. Think head to toe.

Consider the following:

1. Select costumes that make it easy to see the sync, clarity & energy of movements. E.g. choosing a tent type costume may make it difficult for clarity of movement to be judged.
2. When applying make-up be careful in choosing excessive face paint/makeup, or anything making it difficult for the presentation judge to mark smiling and facial expressions e.g. a mask, hats covering or shadowing the face. On the other hand, it is important to high light the eyes, eyebrows and lips. Stage lighting will drain colour from the face.
3. Use of highly patterned fabrics may effectively ‘blind’ the judges. As the stage is lit, the use of ‘Bling’ or light reflective resources will really make your costume ‘pop’ e.g. sequins, jewellery (\$2 shop and Spotlight are great places), glitter paint, etc.
4. Keep in mind costumes should respectably cover the student, be non-revealing and age appropriate

**Finally,** the purpose of costumes is to let the students dress up (fancy dress) and have boosted confidence to enhance their theatrical performance on stage.

In the past teams, have been strong in some areas and not received any points in other areas. e.g. **forgot to add vocal chants. Aim to score maximum points in each subsection. Literally, tick each box!**

## Category Definitions For The JUMP JAM Championships

If schools want to enter more than 1 team in the same category, they must be all different students in each team. A student can compete up a year level, for any reason in any category.

### Strictly Freshman Year 1-3

Teams in this category can consist of students **between Year 1 and Year 3**. •This means that **teams can be mixed between these year levels, or they can be made up of one year level only**, e.g.: Year 2 students only. Any student in 2019 that were year 1 or 2 can compete again in Strictly Freshman. No choreography changes, costumes or make-up allowed

### Strictly Freshman Year 4-6

Teams in this category can consist of students **between Year 4 and Year 6**. •This means that **teams can be mixed between these year levels, or they can be made up of one year level only**, e.g.: Year 6 students only. This section is for new students only that have never competed before at a JUMP JAM competition. No choreography changes, costumes or make-up allowed



**Strictly Open Year 4-6 (New category for 2020)** Teams in this category can consist of any students **between Year 4 and Year 6**. This means that **teams can be mixed between these year levels, or they can be made up of one-year level only**, e.g.: Year 6 students only

### Challenge Year 3-6 All Boys' Team:

All schools can enter this category. This category is for the boys only, Teams in this category can consist of boys between Year 3 and Year 6. This means that **teams can be mixed between these year levels, or they can be made up of one year level only**, eg: Year 5 boys only. Costumes, make-up and up to 25% Pattern & Formation changes are allowed and encouraged. These are both part of the judging criteria. Teams in this section can have a minimum of 6 members up to 18



### Challenge Year 1-3:

All schools can enter this category. Teams in this category can consist of students **between Year 1 and Year 3**. This means that **teams can be mixed between these year levels, or they can be made up of one year level only**, e.g.: Year 2 students only. .As above, this category is allows the option of costumes, make-up and up to 25% Pattern & Formation changes. These are both part of the judging criteria.



### Challenge Year 4 - 6:

All schools can enter this category. Teams in this category can consist of students **between Year 4 and Year 6**. This means that **teams can be mixed between these year levels, or they can be made up of one year level only**, e.g.: Year 5 students only. As above, this category is allows the option of costumes, make-up and up to 25% Pattern & Formation changes. These are both part of the judging criteria.



### Video Examples To Assist With Training & Rule Clarification

[Posture & Clarity Of Movement](#) , [Range Of Motion](#) , [Energy Of Movement](#), [Sharpness Of Movement](#) , [Brett explaining formation changes](#) , [How to time Choreography changes](#) , [Training tips workshop](#)