# **Coaching JUMP JAM Team Details**

By Cindy Smith

These coaching details are guidelines for coaching your students for JUMP JAM Team Competitions. This document contains, newsletter notices, permission slips, tips, timeline ideas and generic details. Please use these as a guideline only.

- 1. First step... Who is going to be the coach and who will assist them?
- 2. Read the rules thoroughly and refer back to them more than once.
- 3. Plan which JUMP JAM song you will use. (check you have the licence for this routine)
- 4. Book space for auditions.
- 5. Send a notice home to inform parents of this competition, auditions and commitment needed should their child be selected for the team.
- 6. Ask all teachers to announce auditions in class and display the notice.
- 7. Audition as many students as possible.
- 8. Plan practice times. (students can lead these if necessary)
- 9. Eliminate students not required. (eliminate several students at a time and never individually) Always have a reserve or two in case of injury.
- 10. Video each training session if you can.
- 11. Think about clothing uniformity. (e.g. sports uniform or some kind of uniformity)
- 12. Review video sessions.
- 13. Online entry completed and payment made prior to date required.

We have attached notices for both Parents and Teachers with regards to the process for the students.

# Initial setup/auditions and Training commitments

Newsletter notice advising school and parents of auditions.

Set up audition, numbering system, student helpers.

Carried out over 1-2 lunchtimes.

For the 8 - 10 weeks prior to the competition, practice 2-3 times per week. Lunchtimes twice a week and then a Sunday training for 2 hours.

### **JUMP JAM Competitions**

Jump Jam is a fun aerobic based sport in which school age children participate in internationally. 15,000 children ranging over 50 schools throughout Western Australia, over 150,000 children in Singapore and over 500,000 children in New Zealand.

As our school does JUMP JAM regularly, we would like to enter a team in a Jump Jam competition this year. Auditions for the 2015 JUMP JAM Competition will take place on xxx at lunchtime in the school hall.

All students are welcome to audition. This year our routine is based on xxx (e.g. FUN so bring your biggest smile and lots of facial expressions) as lots of role playing will be involved.

Please ensure that your child will be committed to this competition and is willing to give their all to represent the school. A mixture of lunchtime, school time and own time practices 2-3 times per week must be attended.

Anyone wishing to discuss or know any further details please do not hesitate to contact the school on xx or coach on xxx.

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### PLEASE BRING THIS SLIP WITH YOU TO YOUR AUDITION

I give permission for my child ...... to audition for the xxxx School 2015 JUMP JAM Team. I understand that if my child is successful and the team makes it to the live final competition held on the xxxxxxxxxxx my child will be made available to travel to the event.

### For Training Purposes

My Child has commitments on these days

Monday	
Tuesday	
Wednesday	
Thursday	
Friday	

# TEACHERS PLEASE CAN YOU READ THIS OUT WITH THE DAILY NOTICES THEN DISPLAY IN YOUR ROOM



# **2015 JUMP JAM Team Competition**

Open to all year xx students of xxx School

Auditioning Days are..... & ...... lunchtime in school hall.

JUMP JAM track for auditioning will be: xxx

Some instruction will be available at the audition. If you are keen, get yourself prepared – the standard will be very high at our school.

(Note: if you are offering instruction for audition(s) ensure you have organized a leader instructing – this is a good leadership practice opportunity)

Minimum of 10, maximum of 15 in a team

Must be available for practices 2-3 times a week

Must be available for live final competition (if team is selected) on xxxxxxxxxxx.

Any queries please contact the school xxxx or xxxx

## Example List for Audition process

This is an example of an excel worksheet you could set up for all the children who audition. This could also be a written table. The students get a number to identify students with similar names and help with identification later in the process.

	60 Auditioned Names	Permission Slip	Audition Dates				Who and When Eliminated
Student #			25/2/15	26/2/15	3/3/15	4/3/14	Elim 5/3
40	Ella	x	x	x <b>A</b>	хA	х <b>А</b>	36 Suzie
30	Mary	x	х	x <b>A</b>	хA	х <b>А</b>	39 Anna
21	Lucy	x	x	x <b>A</b>	<b>x A</b>	х <b>А</b>	6 Teresa
31	Khaleb	x	x	x <b>A</b>	хA	х <b>А</b>	46 Alice
20	Courtney	x	х	no show	хB	х <b>А</b>	47 Jesica
8	Ryan	x	class trip	forgot	хB	x <b>B/A</b>	59 Andrea
43	James	x	х	x <b>A</b>	sick	x <b>A/B</b>	Elim 6/3
smile 25	Taylah	x	x	x <b>A</b>	x <b>A</b>	х <b>А</b>	Jackie
eyes 22	Kimberly	x	х	x <b>A</b>	x <b>A</b>	х <b>В</b>	Zach
10	Jordan	x	sick	x <b>A</b>	x <b>A</b>	х <b>А</b>	Daniel
							Jodie
							Self Elim
							Sharon
							Elim 10/3
							Sally

32 Morgan

# Example Letter To Parents After Auditions

### **Dear Parents**

This is a short note to keep you in the loop with what's happening. I am sure that you will be aware by now that your child has been selected to be in the **xx School JUMP JAM Team**.

We auditioned ??? year x & x students and the competition was extremely tough. However we have made our final selection for our team of (10 - 15).

The team will train 3 times a week (Xday & xday in their lunchtimes and xday 11.30-12.30). In this time they will learn teamwork, co-ordination, experience of competition, performances at school assemblies and public events, and sharing of ideas. We will perfect our routine time and time again.

Over this time I would appreciate your support and commitment for your child. If you have any queries please do not hesitate to ring me on xxx. I would be happy to discuss anything you need to know.

ххх

### FOR INTERNATIONAL SCHOOLS ONLY

By entering this round we could gain one of the free prizes to enter the New Zealand Preliminary Video Round. Which if we qualify in this competition, we would be invited to compete at the New Zealand National competition held in Christchurch early November with other international schools.

If your school enters the NZ Preliminary Round...

Newsletter Notice: Letter regarding What Happens Next Note to Parents

#### Dear Parents

Thank you for your support to your children over the past xx weeks. The team has been training very hard and is looking great. We have reached the end of our time for the Preliminary Round Competition in which we have filmed the team ....

What Happens now...?

The JUMP JAM judges look at all the submitted Preliminary entries across New Zealand, Australia and Singapore and they mark these based on Timing, Fun, Energy, Clarity, Singing/Chanting, Facial expressions, Character Acting and Attitude. 50% will be on presentation and 50% will be on synchronization and Energy. The top 10 across all entries will be invited to the Nationals in November in Christchurch. I will hear by 15<sup>th</sup> July so I will inform the team on this date. If we make it through we start all over again.

I have enjoyed working with the team and your child over the past xx weeks. Thank you for the opportunity, please keep all those fingers and toes crossed.

Any queries I am happy to discuss please phone me on xxx or 02 xxx.

**Have Fun Facial Expressions Character Acting Singing/Vocal Chants** Energy **Move in Time** Confidence **Correct Attitude**